

training

STRATEGY OVERVIEW



start

a *SASA!* strategy for community mobilization

The Training strategy includes lively, in-depth training modules suitable for anyone exploring their potential as activists. Use the sessions in workshops or short training sessions to guide participants in developing a passion for and practical skills in creating positive change.

Why use the Training strategy?

- To strengthen the capacity of individuals on your *SASA!* Team.
- To strengthen the capacity of individuals or groups seeking to have a significant involvement in *SASA!*
- To provide open learning opportunities for any community members seeking further skills and knowledge about power, violence against women, and HIV/AIDS.
- To offer formalized skill building for service providers, addressing their unique influence on violence against women and its connection to HIV/AIDS.

What is special about *SASA!* Training modules?

- They engage youth and adults of all backgrounds.
- They recognize that people already have much knowledge, experiences and skills, and aim to build on and strengthen existing capacity.
- They balance knowledge and skill building opportunities with opportunities for self-reflection about power, violence against women, and HIV/AIDS.
- They use thought-provoking exercises to stimulate learning, confidence and growth.
- They help a facilitator create a positive, participatory and nonjudgmental environment, safe for women and men—including those using violence or living with violence, HIV or AIDS.
- The duration and intensity of training allows for repeated exposure to new ideas, sufficient time to critically examine those ideas, and the opportunity for participants to relate new learning to their own lives and roles within the community.

Special Consideration

The Training strategy is unique in that it is a foundational strategy. Its activities will typically be the first that you use in each phase, since training will build the capacity of your *SASA!* Team and other individuals playing a lead role in your efforts. But don't stop there — use the *SASA!* Training modules with each and every group you work with.

In the Start phase you will find the following Training activities:

- Preparatory (PREP) Module
- Deepening Knowledge Module